

VICKI S. HELGESON

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Export, PA 15632

*Education:*

1984-1987	Ph.D. Social Psychology, Quantitative Minor	University of Denver
1982-1984	M.A. Psychology	College of William and Mary
1978-1982	B.S. Psychology and Journalism Majors	Valparaiso University

*Employment:*

2002—present	Full Professor Department of Psychology Carnegie Mellon University
1995-2002	Associate Professor Department of Psychology Carnegie Mellon University
1990-1994	Assistant Professor Department of Psychology Carnegie Mellon University
1987-1990	Postdoctoral Scholar Health Psychology, Department of Psychology University of California, Los Angeles

*Research Support:*

7/1/18—6/30/23	PI: R01 DK115384 National Institutes of Health “Teens with Type 1 Diabetes: A Focus on Friendship”
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7/1/17—6/30/20 PI: R01 DK095780  
National Institutes of Health  
“Followup: Links of Communal Coping in Couples with Diabetes to Diabetes Outcomes”

9/18/14--6/30/19 PI: DP3 DK103999  
National Institutes of Health  
“Self-regulation and Collaborative Coping with Type 1 Diabetes over the Life Span”

9/1/13--6/30/15 PI: R01 DK095780-02S2  
National Institutes of Health  
Research Supplement to Promote Diversity in Health-Related Research

9/1/12—6/30/17 PI: R01 DK095780  
National Institutes of Health  
“Links of Communal Coping in Couples with Diabetes to Self-Care Behavior”

7/1/12—6/30/17 PI: R01 DK060586  
National Institutes of Health  
“From Adolescence to Adulthood: Persons with and without Diabetes”

3/15/10--3/08/11 PI: R01 DK060586  
National Institutes of Health  
Administrative Supplement to “Adolescents with and without Diabetes: Transition to Emerging Adulthood”

7/1/07--6/30/12 PI: R01 DK060586  
National Institutes of Health  
"Adolescents with and without Diabetes: Transition to Emerging Adulthood"

9/30/04—8/31/09 Co-investigator; R24 HL076858  
National Institutes of Health  
The Pittsburgh Mind-Body Center II (Summer Institute Component)

8/1/04—7/31/06 PI: R21 CA104078  
National Institutes of Health  
“Breast Cancer Survivorship: 10 Years Later”

4/1/04—3/31/06 PI: R21 DK066343  
National Institutes of Health  
“Effects of Stress on Behavior and Glucose in Type 1 DM”

- 7/1/02—6/30/07 PI: R01 DK60586  
National Institutes of Health  
“Psychosocial Factors in Adolescent Adjustment to IDDM”
- 8/1/99—7/31/02 Co-PI: IIS-990049  
National Science Foundation  
“TV, Telephones, and the Internet: The Impact of Residential Information Technology on Social Involvement and Psychological Well-Being”
- 9/30/99—8/31/04 Co-PI: P50 HL65112  
National Institutes of Health  
“Understanding the Shared Psychobiological Pathways”
- 6/12/99—6/12/00 PI: Staunton Foundation  
“Understanding the Role that Support Groups Play for Women with Breast Cancer”
- 12/01/98—11/30/01 PI: R01 CA79752  
National Institutes of Health  
“Comparison of Breast Cancer Survivors to a Control Group”
- 7/01/98—6/30/02 PI: R01 CA61303  
National Institutes of Health  
“Adjustment to Breast Cancer”
- 5/01/98—10/31/00 Faculty Development Award  
“Adjustment to College: Academic Life and Social Life”
- 9/30/97—9/29/99 Co-investigator: Supplement to 5 P30 CA47914  
National Institutes of Health  
“Prostate Cancer Survivors: Quality of Life”
- 7/1/97—6/30/01 Co-PI: R01 CA68354  
National Institutes of Health  
“Adjustment to Prostate Cancer”
- 7/1/96—4/30/00 Co-investigator: R01 CA64711  
National Institutes of Health  
“Adjustment to Breast Cancer Among Younger Women”
- 9/30/93—7/30/97 PI: R01 CA61303  
National Institutes of Health  
"Adjustment to Breast Cancer"
- 5/1/93—4/30/98 PI: FIRST Award, National Institutes of Health  
"Determinants of Adjustment to Chronic Illness"

- 12/1/92 American Cancer Society Junior Investigator Grant  
Pittsburgh Cancer Institute  
"Determinants of Adjustment to Initial Diagnosis and Recurrence of Cancer"
- 12/1/92—11/30/94 Faculty Development Award  
"Positive relationship cognitions and adjustment to a relationship stressor: When expectancies are violated"
- 4/1/91—8/1/93 Faculty Development Award  
"Determinants of successful adjustment to coronary heart disease"
- 4/1/90—3/31/91 Biomedical Research Support Grant  
"Determinants of successful adjustment to coronary heart disease"
- 9/1/88—8/31/90 National Research Service Award, National Institute of Health  
"Recovery from an initial coronary event"

- Core Faculty Member of Medical Scientist Training Program for MD-PhD, University of Pittsburgh
- Training Faculty Member of T32 Training Grant in Pediatric Endocrinology and Diabetes, University of Pittsburgh
- Training Faculty Member of T32 Training Grant in Research Training in Diabetes and Endocrinology, University of Pittsburgh

*Honors and Awards Received:*

Diane J. Willis Award for 2009 Outstanding Article in *Journal of Pediatric Psychology*  
Diabetes Lifescan Award; 2008 Society of Behavioral Medicine Meeting  
Graduated from Valparaiso University with highest distinction.  
Supported by Dean's Fellowship all four years at Valparaiso University.  
National Alpha Lambda Delta at Valparaiso University.

*Professional Organizations:*

Academy of Behavioral Medicine Research (Member)  
American Diabetes Association (Professional Member)  
American Psychological Association (Divisions 8, 38, 54)  
Society of Behavioral Medicine, Fellow  
Society of Personality and Social Psychology, Fellow  
University of Pittsburgh Cancer Institute (Associate Member)  
Center for Research in Chronic Disorders (Affiliate)  
Behavioral Research in Diabetes Exchange Group (Member)  
International Society for Pediatric and Adolescent Diabetes (Member)  
International Association for Relationship Research (Member)

*Professional Experience:*

Guest Associate Editor: *American Psychologist* (2016; special issue on Psychology and Diabetes)

Guest Associate Editor: *Journal of Pediatric Psychology* (2014; special issue on Peer Relations in Chronic Illness)

Associate Editor: *Psychological Science* (2009--2011)

Associate Editor: *Journal of Consulting and Clinical Psychology* (2004—2007)

Associate Editor: *Personality and Social Psychology Bulletin* (2000—2004)

Associate Editor: *Women's Health: Research on Gender, Behavior, and Policy* (1998-1999).

Consulting editor: *Psychology of Women Quarterly* (2004—2007)

Consulting editor: *The Journal of Men's Studies* (1992—1999)

Consulting editor: *Journal of Personality and Social Psychology* (1998-1999)

Editorial board member: *International Journal of Behavioral Medicine* (2017—to date)

Editorial board member: *Health Psychology* (1993-1995, 1998-1999; 2016; 2018)

Editorial board member: *Journal of Pediatric Psychology* (2005-2007; 2012-2016)

Editorial board member: *International Journal of Men's Health* (2001-2016)

Editorial board member: *Praeger Series in Health Psychology* (2001-2004)

Editorial board member: *Journal of Personality* (1996-1999)

Current ad hoc reviewer for *Annals of Behavioral Medicine*, *Archives in General Psychiatry*, *Health Psychology*, *Journal of Applied Biobehavioral Research*, *Journal of Behavioral Medicine*, *Journal of Applied Social Psychology*, *Journal of Consulting and Clinical Psychology*, *Journal of Pediatric Psychology*, *Journal of Personality*, *Journal of Personality and Social Psychology*, *Journal of Research in Personality*, *Journal of Social and Clinical Psychology*, *Pediatric Diabetes*, *Psychosomatic Medicine*, *Personal Relationships*, *Personality and Social Psychology Review*, *Psycho-Oncology*, *Psychology of Women Quarterly*, *Psychological Bulletin*, *Psychological Review*, *Psychosomatic Research*, *Sex Roles*, *Social Science and Medicine*.

*Grant Reviews:*

DSMB Member for FL3X Trial: An Adaptive Intervention to Improve Outcomes in Youth with Type 1 Diabetes (2014 to date)

Reviewer for NIH DP3 Awards (October 2016)

Reviewer for NIH Fellowships (March 2011, March 2014, Nov 2014, March 2015, Nov 2015, Nov 2016, Nov 2017, Feb 2018)

External Expert Committee, Chair for R34 Multisite Trial (January, 2013)

Reviewer for NIH Special Emphasis Panel (R21s) (November, 2012; July 2013; November 2013)

Reviewer for NIH Translational Research in Diabetes, Obesity and Endocrinology (March, 2012)

Ad hoc reviewer for National Science Foundation (September, 2011)  
 Ad hoc reviewer for Behavioral Medicine: Intervention and Outcomes Study Section (June 2011)  
 Reviewer for NIH Director Early Independence Awards (April 2011)  
 NIH College of CSR Reviewers (2010)  
 Reviewer for NIH Special Emphasis Panel (March 2010)  
 Reviewer for Pioneer Awards (Feb 2010)  
 Psychosocial Risk and Disease Prevention Study Section Member (October 2004--2008)  
 Ad hoc reviewer for Psychosocial Risk and Disease Prevention Study Section (July 2004)  
 Ad hoc reviewer for RPHB-4 (October 2002; July 2003)  
 Ad hoc reviewer for NIEHS Special Emphasis Panel (January, 2003)  
 Ad hoc reviewer for *National Science Foundation* (2001, 2002)  
 State of Massachusetts Breast Cancer Review Panel (October 1997, 2000)  
 Behavioral Medicine Study Section of *National Institutes of Health* (October 1996; October 1997)

*Other:*

National Advisory Board, Member, "HSCT-CHESS to Enhance Hematopoietic Transplant Recovery"

PROMIS Statistical Coordinating Center's Advisory Panel on Health Outcomes, Member and Consultant

Division 38 Research Chair (2002-2005)

Member of Magee Womens Hospital Institutional Review Board (1997—2002)

1999 APA Program Chair for Division 38

*Books:*

Helgeson, V. S. (2002). *The psychology of gender*. Upper Saddle River, NJ: Prentice Hall.

Helgeson, V. S. (2005). *The psychology of gender* (2<sup>nd</sup> edition). Upper Saddle River, NJ: Prentice Hall.

Helgeson, V. S. (2009). *The psychology of gender* (3rd edition). Upper Saddle River, NJ: Prentice Hall.

Helgeson, V. S. (2012). *The psychology of gender* (4<sup>th</sup> edition). Upper Saddle River, NJ: Prentice Hall.

Helgeson, V. S. (2017). *The psychology of gender* (5<sup>th</sup> edition). Taylor and Francis.

*Articles:*

Rowland, D. L., Helgeson, V. S., Cox III., C. C. (1983). Temporal patterns of parturition in mammals in captivity. *Chronobiologia*, 11, 31-39. PMID: 6723474

Goodman, G. S., Helgeson, V. S. (1985). Child sexual assault: Children's memory and the law. In J. Bulkley (Ed.), *Papers from the National Policy Conference to Examine Legal Reforms in Child Sexual Abuse Cases*. Washington, D. C.: American Bar Association.

Goodman, G. S., & Helgeson, V. S. (1985). Child sexual assault: Children's memory and the law. *University of Miami Law Review*, *40*, 181-208.

Helgeson, V. S., Shaver, P., & Dyer, M. (1987). Prototypes of intimacy and distance in same-sex and opposite-sex relationships. *Journal of Personal and Social Relationships*, *4*, 195-233.

Goodman, G. S., Golding, J. M., Helgeson, V. S., Haith, M. M., & Michelli, J. (1987). When a child takes the stand: Jurors' perceptions of children's eyewitness testimony. *Law and Human Behavior*, *11*, 27-40.

Helgeson, V. S., & Sharpsteen, D. J. (1987). Perceptions of danger in achievement and affiliation situations: An extension of the Pollak and Gilligan vs. Benton et al. debate. *Journal of Personality and Social Psychology*, *53*, 727-733.

Goodman, G. S., & Helgeson, V. S. (1988). Children as witnesses: What do they remember? In L. Walker (Ed.), *Handbook on sexual abuse of children* (pp. 109-136). New York: Springer.

Helgeson, V. S. (1989). The origin, development and current state of the literature on Type A behavior. *The Journal of Cardiovascular Nursing*, *3*, 59-73. PMID: 2643679

Helgeson, V. S., Goodman, G. S., Shaver, P., & Lipton, J. (1989). Beliefs and attitudes concerning the rights of children and adults. *Children's Legal Rights Journal*, *10*, 2-12.

Helgeson, V. S. (1990). Swedish advances in gender equality: Goals not fully realized. *Contemporary Psychology*, *35*, 126-127.

Helgeson, V. S., & Shaver, K. G. (1990). Presumption of innocence: Congruence bias induced and overcome. *Journal of Applied Social Psychology*, *20*, 276-303.

Helgeson, V. S. (1990). The role of masculinity in a prognostic predictor of heart attack severity. *Sex Roles*, *22*(11/12), 755-774.

Sheridan-Pereira, M., Ellison, P. H., & Helgeson, V. (1991). The construction of a scored neonatal neurological examination (neoneuro) for assessment of neurological integrity in full-term neonates. *Journal of Developmental and Behavioral Pediatrics*, *12*, 25-30. PMID: 2016399

Helgeson, V. S., & Gollob, H. (1991). Judgments of men's and women's feelings during hypothetical social interactions. *Sex Roles*, *25*, 537-553.

Taylor, S. E., Helgeson, V. S., Reed, G. M., & Skokan, L. A. (1991). Self-generated feelings of control and adjustment to physical illness. *Journal of Social Issues*, *47*, 91-109.

Helgeson, V. S. (1991). The effects of masculinity and social support on recovery from myocardial infarction. *Psychosomatic Medicine*, *53*, 621-633. PMID: 1758947

Morell, M. A., Sullaway, M. E., & Helgeson, V. S. (1992). Stress in the work and home environment and cardiovascular disease risk. In G. M. Greer & F. Baker (Eds.), *Research on work, health, and productivity*. Baltimore, MD: John Hopkins University Press.

Helgeson, V. S. (1992). Moderators of the relation between perceived control and adjustment to chronic illness. *Journal of Personality and Social Psychology*, *63*, 656-666. PMID: 1447689

Helgeson, V. S. (1993). Implications of agency and communion for patient and spouse adjustment to a first coronary event. *Journal of Personality and Social Psychology*, *64*, 807-816. PMID: 8505709

- Helgeson, V. S. (1993). Two important distinctions in social support: Kind of support and perceived vs. received. *Journal of Applied Social Psychology, 23*, 825-845.
- Helgeson, V. S., & Taylor, S. E. (1993). Social comparisons and adjustment among cardiac patients. *Journal of Applied Social Psychology, 23*, 1171-1185.
- Helgeson, V. S. (1993). The onset of chronic illness: Its effect on the patient-spouse relationship. *Journal of Social and Clinical Psychology, 12*, 406-428.
- Clark, M. S., Helgeson, V. S., Painter, S., & Mickelson, K. (1994). Some cognitive structures and processes relevant to relationship functioning. In R. S. Wyer & T. K. Srull (Eds.), *Handbook of Social Cognition* (Vol. 2, pp. 189-238). Hillsdale, NJ: Lawrence Erlbaum.
- Helgeson, V. S. (1994). Long-distance romantic relationships: Sex differences in adjustment and breakup. *Personality and Social Psychology Bulletin, 20*, 254-265.
- Helgeson, V. S. (1994). The effects of self beliefs and relationship beliefs on adjustment to a relationship stressor. *Personal Relationships, 1*, 241-258.
- Helgeson, V. S. (1994). The relation of agency and communion to well-being: Evidence and potential explanations. *Psychological Bulletin, 116*, 412-428.
- Helgeson, V. S. (1994). Prototypes and dimensions of masculinity and femininity. *Sex Roles, 31*, 653-682.
- Helgeson, V. S., & Mickelson, K. D. (1995). Motives for social comparison. *Personality and Social Psychology Bulletin, 21*, 1200-1209.
- Helgeson, V. S. (1995). Masculinity, men's roles, and coronary heart disease. In D. Sabo & D. Gordon (Eds.), *Men's health and illness: Gender, power and the body* (pp. 68-104). Thousand Oaks, CA: Sage.
- Mickelson, K. D., Helgeson, V. S., & Weiner, E. (1995). Gender effects on social support provision and receipt. *Personal Relationships, 2*, 211-224.
- Helgeson, V. S. (1996). Review of "Knowledge structures in close relationships: A social psychological approach," by G. J. O. Fletcher & J. Fitness. *ISSPR Bulletin, 13* (1), 14.
- Helgeson, V. S., & Cohen, S. (1996). Social support and adjustment to cancer: Reconciling descriptive, correlational, and intervention research. *Health Psychology, 15*, 135-148. PMID: 8681922
- Reprinted in:*
- R. M. Suinn & G. R. VandenBos (Eds.) (1999), *Cancer patients and their families: Readings on disease course, coping, and psychological interventions* (pp. 53-79). Washington, D.C.: American Psychological Association.
- Helgeson, V. S., & Fritz, H. L. (1996). Implications of unmitigated communion and communion for adolescent adjustment to type I diabetes. *Women's Health: Research on Gender, Behavior, and Policy, 2*, 163-188.
- O'Leary, A., & Helgeson, V. S. (1997). Psychosocial factors and women's health: Integrating mind, heart, and body. In S. J. Gallant, G. P. Keita, & R. Royak-Schaler (Eds.), *Health care for women: Psychological, social, and behavioral influences* (pp. 25-40). Washington, D.C.: American Psychological Association.
- Helgeson, V. S., & Lepore, S. J. (1997). The hurdles involved in conducting a randomized clinical intervention. *The Health Psychologist, 18*, 4-5, 14-16.
- Helgeson, V. S., & Lepore, S. J. (1997). Men's adjustment to prostate cancer: The role of agency and unmitigated agency. *Sex Roles, 37*(3/4), 251-267.
- Helgeson, V. S., Cohen, S., & Fritz, H., (1998). Social ties and cancer. In J. C. Holland & W. Breitbart (Eds.), *Psycho-Oncology*. New York: Oxford University Press.



Lepore, S. J., & Helgeson, V. S. (1998). Social constraints, intrusive thoughts, and mental health after prostate cancer. *Journal of Social and Clinical Psychology, 17* (1), 89-106.

Helgeson, V. S., & Franzen, P. L. (1998). The role of perceived control in adjustment to diabetes. *Anxiety, stress, and coping, 11*, 113-136.

Fritz, H. L., & Helgeson, V. S. (1998). Distinctions of unmitigated communion from communion: Self-neglect and overinvolvement with others. *Journal of Personality and Social Psychology, 75*, 121-140. PMID: 9686454

Helgeson, V. S., & Fritz, H. L. (1998). A theory of unmitigated communion. *Personality and Social Psychology Review, 2*, 173-183. PMID: 15647153

Helgeson, V. S. (1998). Gender differences in relationships: Is it evolution, socialization, the situation, or society? *Contemporary Psychology, 43*, 478-479.

Lepore, S. J., & Helgeson, V. S. (1999). Psychoeducational support group enhances quality of life after prostate cancer. *Cancer research, therapy and control, 8*, 81-92.

Helgeson, V. S., Cohen, S., Schulz, R., & Yasko, J. (1999). Education and peer discussion group interventions and adjustment to breast cancer. *Archives of General Psychiatry, 56*, 340-347. PMID: 10197829

Helgeson, V. S., & Fritz, H. L. (1999). Unmitigated agency and unmitigated communion: Distinctions from agency and communion. *Journal of Research in Personality, 33*, 131-158.

Helgeson, V. S., & Fritz, H. L. (1999). Cognitive adaptation as a predictor of new coronary events after percutaneous transluminal coronary angioplasty. *Psychosomatic Medicine, 61*, 488-495. PMID: 10443757

Brady, S. S., & Helgeson, V. S. (1999). Social support and adjustment to recurrence of breast cancer. *Journal of Psychosocial Oncology, 17*, 37-55.

Mickelson, K. D., Wroble, M., & Helgeson, V. S. (1999). "Why my child?": Parental attributions for children's special needs. *Journal of Applied Social Psychology, 29*, 1263-1292.

Helgeson, V. S. (1999). Applicability of cognitive adaptation theory to predicting adjustment to heart disease after coronary angioplasty. *Health Psychology, 18*, 561-569. PMID: 10619529

Helgeson, V. S., Cohen, S., Schulz, R., & Yasko, J. (2000). Group support interventions for people with cancer: Who benefits from what? *Health Psychology, 19*, 107-114. PMID: 10762094

Helgeson, V. S., & Mickelson, K. D. (2000). Coping with chronic illness among the elderly. In S. B. Manuck, R. Jennings, B. S. Rabin, & A. Baum (Eds.), *Behavior, health, and aging* (pp. 153-178). Mahwah, NJ: Lawrence Erlbaum.

Helgeson, V. S., & Gottlieb, B. H. (2000). Support groups. In S. Cohen, L. G. Underwood, & B. H. Gottlieb (Eds.), *Social support measurement and intervention: A guide for health and social scientists*. New York: Oxford University Press.

Helgeson, V. S., & Fritz, H. L. (2000). The implications of unmitigated agency and unmitigated communion for domains of problem behavior. *Journal of Personality, 68*, 1031-1057. PMID: 11130731

Bogart, L. M., & Helgeson, V. S. (2000). Social comparisons among women with breast cancer: A longitudinal investigation. *Journal of Applied Social Psychology, 30*, 547-575.

Helgeson, V. S., Cohen, S., Schulz, R., & Yasko, J. (2001). Group support interventions for people with cancer: Benefits and hazards. In A. Baum & B. L. Andersen (Eds.), *Psychosocial interventions for cancer* (pp. 269-286). Washington, D.C.: American Psychological Association.

Helgeson, V. S., Cohen, S., Schulz, R., Yasko, J. (2001). Long-term effects of educational and peer discussion group support interventions on adjustment to breast cancer. *Health Psychology, 20*, 387-392. PMID: 11570653

Eton, D. T., Lepore, S. J., & Helgeson, V. S. (2001). Early quality of life in localized prostate cancer: An examination of treatment-related, demographic, and psychosocial factors. *Cancer, 92*, 1451-1459. PMCID: PMC2610318

Tamres, L., Janicki, D., & Helgeson, V. S. (2002). Sex differences in coping behavior: A meta-analytic review. *Personality and Social Psychology Review, 6*, 2-30.

Tomich, P., & Helgeson, V. S. (2002). Five years later: A cross-sectional comparison of breast cancer survivors with healthy women. *Psycho-Oncology, 11*, 154-169. PMID: 11921331

Kraut, R., Kiesler, S., Boneva, B., Cummings, J., Helgeson, V., & Crawford, A. (2002). The internet paradox revised. *Journal of Social Issues, 58* (1), 49-74.

*Reprinted in:*

J. Turrow & A. L. Kavanaugh (Eds.), *The wired homestead* (pp. 347-383). Cambridge, MA: MIT Press.

Kiesler, S., Kraut, R., Cummings, J., Boneva, B., Helgeson, V., & Crawford, A. (2002). Internet evolution and social impact. In P. B. Lowry, J. O. Cherrington, & R. J. Watson (Eds.), *The E-Business Handbook* (pp. 189-201). New York: CRC Press.

Johnson, M., & Helgeson, V. S. (2002). Sex differences in response to evaluative feedback: A field study. *Psychology of Women Quarterly, 26*, 242-251.

Helgeson, V. S., & Reynolds, K. (2002). Social psychological aspects of chronic illness. In A. J. Christensen & M. H. Antoni (Eds.), *Chronic physical disorders: Behavioral medicine's perspective* (pp. 25-46). Oxford, England: Blackwell Publishers Limited.

Helgeson, V. S. (2003). Social support and quality of life. *Quality of Life Research, 12* (Suppl. 1), 25-31. PMID: 12803308

Helgeson, V. S. (2003). Cognitive adaptation, psychological adjustment, and disease progression among angioplasty patients: 4 years later. *Health Psychology, 22*, 30-38. PMID: 12558199

Helgeson, V. S., Janicki, D., Lerner, J., & Barbarin, O. (2003). Brief report: Adjustment to juvenile rheumatoid arthritis: A family systems perspective. *Journal of Pediatric Psychology, 28*, 347-353. PMID: 12808011

Fritz, H. L., Nagurney, A., & Helgeson, V. S. (2003). Social interactions and cardiovascular reactivity during problem disclosure among friends. *Personality and Social Psychology Bulletin, 29*, 713-725. PMID: 15189627

Helgeson, V. S. (2003). Gender-related traits and health. In J. Suls & K. A. Wallston (Eds.), *Social psychological foundations of health and illness* (pp. 367-394). Oxford, England: Blackwell Publishing.

Lepore, S. J., Helgeson, V. S., Eton, D. T., & Schulz, R. (2003). Improving quality of life in men with prostate cancer: A randomized controlled trial of group education interventions. *Health Psychology, 22*, 443-452. PMCID: PMC2593114

Helgeson, V. S. (2003). Unmitigated communion and adjustment to breast cancer: Associations and explanations. *Journal of Applied Social Psychology, 33*, 1643-1661.

Helgeson, V. S. (2004). Chronic illness. In A. J. Christensen, R. Martin, & J. M. Smyth (Eds.), *Encyclopedia of Health Psychology* (pp. 48-50). New York: Kluwer Academic.

Helgeson, V. S. (2004). Self-esteem. In A. J. Christensen, R. Martin, & J. M. Smyth (Eds.), *Encyclopedia of health psychology* (pp. 262-263). New York: Kluwer Academic.

Helgeson, V. S., Snyder, P. R., & Seltman, H. (2004). Psychological and physical adjustment to breast cancer over 4 years: Identifying distinct trajectories of change. *Health Psychology, 23*, 3-15. PMID: 14756598

Tomich, P. L., & Helgeson, V. S. (2004). Is finding something good in the bad always good? Benefit finding among women with breast cancer. *Health Psychology, 23*, 16-23. PMID: 14756599

Helgeson, V. S., Novak, S. A., Lepore, S. J., & Eton, D. T. (2004) Spouse social control efforts: Relations to health behavior and well-being among men with prostate cancer. *Journal of Social and Personal Relationships, 21*, 53-68.

Martire, L., Lustig, A. P., Schulz, R., Miller, G. E., & Helgeson, V. S. (2004). Is it beneficial to involve a family member? A meta-analysis of psychosocial interventions for chronic illness. *Health Psychology, 23*, 599-611. PMID: 15546228

Helgeson, V. S., & Lepore, S. J. (2004). Quality of life following prostate cancer: The role of agency and unmitigated agency. *Journal of Applied Social Psychology, 34*, 2559-2585.

Helgeson, V. S. (2005). Commentary: Recent advances in psychosocial oncology. *Journal of Consulting and Clinical Psychology, 73*, 268-271. PMID: 15796634

Helgeson, V. S., & Tomich, P. L. (2005). Surviving cancer: A comparison of 5-year disease-free breast cancer survivors with healthy women. *Psycho-Oncology, 14*, 307-317. PMID: 15386765

Eton, D. T., Lepore, S. J., & Helgeson, V. S. (2005). Psychological distress in spouses of men treated for early-stage prostate carcinoma. *Cancer, 92*, 2412-2418. PMID: PMC2610316

Tomich, P. L., Helgeson, V. S., & Nowak Vache, E. J. (2005). Perceived growth and decline following breast cancer: A comparison to age-matched controls 5-years later. *Psycho-Oncology, 14*, 1018-1029. PMID: 15744778

Scheier, M. F., Helgeson, V. S., Schulz, R., Colvin, S., Berga, S., Bridges, M. W., Knapp, J., Gerszten, K., & Pappert, S. (2005). Interventions to enhance physical and psychological functioning among younger women who are ending non-hormonal adjuvant treatment for early stage breast cancer. *Journal of Clinical Oncology, 23*, 4298-4311. PMID: 15994143

Helgeson, V. S., Viccaro, L., Becker, D., Escobar, O., Siminerio, L. (2006). Diet of adolescents with and without diabetes: Trading candy for potato chips? *Diabetes Care, 29*, 982-987. PMID: 16644624

Helgeson, V. S., Lepore, S. J., & Eton, D. T. (2006). Who benefits: Moderators of the benefits of a psychoeducational intervention for men with prostate cancer. *Health Psychology, 25*, 348-354. PMID: PMC2678168; PMID 16719606

Helgeson, V. S., Reynolds, K. A., Shestak, A., & Wei, S. (2006). Brief report: Friendships of adolescents with and without diabetes. *Journal of Pediatric Psychology, 31*, 194-199. PMID: 16467319.

Roberts, K. J., Lepore, S. J., & Helgeson, V. S. (2006). Social-cognitive correlates of adjustment to prostate cancer. *Psycho-Oncology, 14*, 183-192. PMID: PMC2610315

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Psychosocial predictors of diabetes risk factors and complications: An 11-year follow-up. *Health Psychology*.

*Papers submitted:*

Helgeson, V. S., & Van Vleet, M. (under revision). *Inclusion of Other in the Self Scale: An exploration and adaptation*.

Van Vleet, M., & Helgeson, V. S. (under revision). *I Am a Rock; I Am an Island: Avoidant attachment moderates the benefits of communal coping among adults with Type 2 diabetes*

Lally, R. M., Bellavia, G., Gallo, S., Kupzyk, K., Brooks, C., Helgeson, V.S., Erwin, D., & Brown, J. (under review). *Feasibility and acceptance of the CaringGuidance™ Web-based, Distress Self-management, Psychoeducational Program initiated within 12-weeks of breast cancer diagnosis*.

Naqvi, J., B., Helgeson, V. S., Gary-Webb, T. L., Korytkowski, M. T. (under review). *Sex, race, and the role of relationships in health: Intersectionality matters*.

Van Vleet, M., Helgeson, V. S., & Berg, C. (under revision). *The importance of having fun: Daily shared play among adults with type 1 diabetes*.

*Papers presented:*

Helgeson, V. S., & Shaver, K. G. (1983, October). *Perceived congruence between defendant and crime, judicial instructions, and the presumption of innocence*. Paper presented at the American Psychology-Law Society, Chicago, IL.

Goodman, G. S., Helgeson, V. S., Shaver, P., & Lipton, J. (1986, March). *Beliefs and attitudes concerning the rights of children and adults*. Paper presented at the American Psychology-Law Society, Phoenix, AZ.

Sharpsteen, D. J., & Helgeson, V. S. (1986, April). *Images of violence in achievement and affiliation stories: A stereotype revisited*. Paper presented at the Rocky Mountain Psychological Association, Denver, CO.

Goodman, G. S., Golding, J. M., Helgeson, V. S., Haith, M. M., & Michelli, J. (1986, August). *When a child takes the stand: Jurors' perception of children's eyewitness testimony*. Paper presented at the American Psychological Association, Washington, D. C.

Sharpsteen, D. J., & Helgeson, V. S. (1986, August). *Perceptions of danger in achievement and affiliation situations*. Paper presented at the American Psychological Association, Washington, D. C.

Ellison, P. H., Sheridan-Pereira, M., & Helgeson, V. S. (1986, October). *The development of a scoring system for the Neonatal Neurological Examination of full-term newborns*. Paper presented at the Child Neurology Society, Boston.

Helgeson, V. S., & Shaver, K. G. (1987, April). *Presumption of innocence: Congruence bias induced and overcome*. Paper presented at the Eastern Psychological Association, Washington, D. C.

Helgeson, V. S., & Gollob, H. (1987, May). *Perceptions of men's and women's feelings in social interactions*. Paper presented at the Iowa Conference on Personal Relationships, Iowa City, IA.

Helgeson, V. S. (1988, April). *Masculinity and femininity's impact on recovery from myocardial infarction*. Paper presented at the Western Psychological Association, San Francisco, CA.

Helgeson, V. S. (1988, July). *Implications of intimacy for male and female coronary patients*. Symposium presented at the Fourth International Conference on Personal Relationships, Vancouver, Canada.

Helgeson, V. S. (1989, March). *The role of masculinity in recovery from acute myocardial infarction*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Helgeson, V. S. (1989, April). *Masculinity-femininity, social support, and well-being*. Paper presented at the Western Psychological Association, Reno, NV.

Helgeson, V. S. (1989, May). *Prototypes of masculinity and femininity*. Paper presented at the Nagshead Conference on Gender, Nagshead, NC.

Helgeson, V. S. (1990, April). *Direct and indirect effects of masculinity/femininity on well-being*. Paper presented at the Western Psychological Association, Los Angeles, CA.

Helgeson, V. S. (1990, April). *Conceptions of masculinity and femininity: Features and factors*. Paper presented at the Western Psychological Association, Los Angeles, CA.

Helgeson, V. S. (1991, April). *Social comparison among cardiac rehabilitation patients*. Paper presented at the Eastern Psychological Association, New York.

Helgeson, V. S. (1991, May). *Two important distinctions in social support: Perceived versus received and kind of social support*. Paper presented at the International Network on Personal Relationships, Normal, IL.

Helgeson, V. S. (1992, March). *Limits on the adaptiveness of perceived control*. Paper presented at the Society of Behavioral Medicine, New York.

Helgeson, V. S. (1992, April). *The effects of masculinity and femininity on patient and spouse adjustment to a first coronary event*. Paper presented at the Eastern Psychological Association, Boston, MA.

Helgeson, V. S. (1992, November). *Moderators of the relation between perceived control and adjustment to chronic illness*. Paper presented at the annual meeting of the Gerontological Society of America.

Helgeson, V. S. (1993, March). *The onset of chronic illness: Its effect on the patient-spouse relationship*. Paper presented at the Society of Behavioral Medicine, San Francisco.

Helgeson, V. S., & Mickelson, K. D. (1993, April). *Social comparison motives*. Paper presented at the Eastern Psychological Association, Arlington, VA.

Helgeson, V. S. (1993, June). *Long-distance romantic relationships: Sex differences in adjustment and breakup*. Paper presented at the International Network on Personal Relationships Conference, Milwaukee, WI.

Helgeson, V. S., Mickelson, K. D., & Weiner, E. (1993, June). *Sex differences in support provision*. Paper presented at the International Network on Personal Relationships Conference, Milwaukee, WI.

Helgeson, V. S. (1993, June). *Coping with chronic illness in the elderly*. Paper presented at the Academy of Behavioral Medicine Research Conference, Nemicolan, PA.

Helgeson, V. S. (1994, April). *The effect of a social support intervention on quality of life and compliance among good prognosis breast cancer patients*. Paper presented at the 5th Cancer Patient Education Conference, Pittsburgh, PA.

Helgeson, V. S. (1994, July). *Social support and adjustment to breast cancer*. Paper presented at the 7th International Conference on Personal Relationships, Groningen, The Netherlands.

Helgeson, V. S., & Fritz, H. L. (1995, June). *The health consequences of an extreme "other-orientation": Unmitigated communion*. Paper presented at the International Network on Personal Relationships Conference, Williamsburg, VA.

Lepore, S. J., & Helgeson, V. S. (1996, March). *Social constraints on disclosure increases the negative association between intrusive thoughts and mental health in prostate cancer survivors*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., & Fritz, H. L. (1996, March). *Implications of communal traits for adolescents' adjustment to diabetes*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Fritz, H. L., & Helgeson, V. S. (1996, March). *Over-involvement in other people's problems: Exploring the link between unmitigated communion and distress*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S. (1996, August). *Response to "Longevity, Gender, and Health"*. Paper presented at the First Meeting of the International Society of Health Psychology, Montreal, CA.

Helgeson, V. S., & Lepore, S. J. (1996, August). *Agency, unmitigated agency, and adjustment to prostate cancer: The role of emotional expressiveness*. Paper presented at the Eighth International Conference on Personal Relationships, Banff, CA.

Fritz, H. L., & Helgeson, V. S. (1996, August). *The unhealthy side of psychological femininity: Explaining the link between unmitigated communion and distress*. Paper presented at the Eighth International Conference on Personal Relationships, Banff, CA.

Helgeson, V. S., & Fritz, H. L. (1996, August). *Implications of agency and unmitigated agency for well-being*. Symposium presented at the American Psychological Association, Toronto, CA.

Fritz, H. L., & Helgeson, V. S. (1996, August). *Unmitigated communion: The hazards of helping*. Symposium presented at the American Psychological Association, Toronto, CA.

Brady, S. S., & Helgeson, V. S. (1997, March). *Social support and adjustment to recurrence of breast cancer*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Fritz, H. L., & Helgeson, V. S. (1997, March). *The effects of partner sex, empathy, and social support on cardiovascular reactivity during problem disclosure*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Helgeson, V. S. (1997, March). *The effect of education and peer discussion groups on adjustment to breast cancer*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Lepore, S. L., & Helgeson, V. S. (1997, March). *Psychoeducational group enhances knowledge, efficacy, social relationships, and mental health in prostate cancer survivors*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Vincent, A. V., & Helgeson, V. S. (1997, March). *The effect of marital satisfaction on adjustment to breast cancer: A study of patients and spouses*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Vincent, A. V., & Helgeson, V. S. (1997, March). *Caregiver burden among spouses of women with breast cancer*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA.

Helgeson, V. S., & Fritz, H. L. (1997, August). *Communion vs. unmitigated communion: A healthy vs. unhealthy "other-orientation."* Paper presented at the American Psychological Association, Chicago, IL.

Bogart, L. M., & Helgeson, V. S. (1997, August). *Spontaneous social comparisons among women with breast cancer*. Paper presented at the American Psychological Association, Chicago, IL.

Helgeson, V. S. (1998, April). *Support interventions for women with breast cancer: Who benefits from what?* Paper presented at the Society of Behavioral Medicine, New Orleans.

Helgeson, V. S., & Fritz, H. L. (1998, April). *Cognitive adaptation theory: Predicting psychological and physical adjustment to percutaneous transluminal coronary angioplasty (PTCA)*. Paper presented at the Society of Behavioral Medicine, New Orleans.

Helgeson, V. S. (1999, August). *State of the art research programs in cancer*. Paper presented at the American Psychological Association, Boston.

Helgeson, V. S., Lepore, S. J., & Eton, D. T. (1999, October). *The effect of spouse social control on patient and spouse adjustment to prostate cancer*. Paper presented at the Pan-American Congress of Psychosocial and Behavioral Oncology, New York.

Eton, D. T., Lepore, S. J., & Helgeson, V. S. (1999, October). *Predictors of distress in men treated for prostate cancer*. Paper presented at the Pan-American Congress of Psychosocial and Behavioral Oncology, New York.

Helgeson, V. S. (2000, October). *Psychosocial and cultural contributions to depression in women*. Paper presented at the Summit on Women and Depression, Wye River Conference Center, Maryland.

Reynolds, K. A., & Helgeson, V. S. (2001, March). *Unmitigated communion: The daily experience*. Paper presented at the American Psychosomatic Society, Monterey, CA.

Helgeson, V. S. (2001, October). *Studies of support groups for people with cancer*. Paper presented at the Meeting for the Society for Experimental Social Psychology.

Eton, D. T., Lepore, S. J., & Helgeson, V. S. (2001, November). *Early quality of life in localized prostate cancer: An examination of treatment-related, demographic, and psychosocial factors*. Poster presented at the annual meeting of the International Society for Quality of Life Research, Amsterdam, The Netherlands.

Helgeson, V. S. (2002, April). *Implications of cognitive adaptation theory for heart disease*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Wei, S., Shestak, A., Reynolds, K. A., Helgeson, V. S., & Siminerio, L. (2002, April). *Friendships and well-being among adolescents with and without diabetes*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Tomich, P. L., & Helgeson, V. S. (2002, April). *A prospective study: The effect of perceived "meaning in life" on quality of life for breast cancer survivors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Lepore, S., Helgeson, V., Eton, D., & Schulz, R. (2002, April). *Education, support groups, and adjustment to prostate cancer: Results of a controlled trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., & Novak, S. (2002, July). *Coping with chronic illness: Spousal social control*. Paper presented to the International Conference on Personal Relationships, Halifax, Canada.

Helgeson, V. S. (2003, March). *Surviving cancer: A comparison of 5-year disease-free breast cancer survivors with healthy women*. Paper presented at the Society of Behavioral Medicine, Salt Lake City, UT.

Tomich, P., & Helgeson, V. S. (2003, March). *The "search for meaning" and "benefit-finding" following a cancer diagnosis*. Symposium presented at the Society of Behavioral Medicine, Salt Lake City, UT.

Eton, D. T., Lepore, S. J., & Helgeson, V. S. (2003, March). *Predictors of distress in spouses of men with prostate cancer*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, UT.

Reynolds, K. A., Helgeson, V. S. & Siminerio, L. M. (2003, March). *Discrepancy between preferred and actual treatment involvement: Associations with health for adolescents with type 1 diabetes*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, UT.

Novak, S. A., McMillen, R., Helgeson, V. S., Shestak, A., Siminerio, L., & Becker, D. (2003, March). *Exploring responsibility in adolescents with type 1 diabetes*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, UT.

Tomich, P., Helgeson, V. S., & Nowak, E. J. (2004, March). *Ordinary or unique? The experience of breast cancer in comparison to other stressful life events*. Poster presented at the Society of Behavioral Medicine, Baltimore, MD.

Tomich, P., & Helgeson, V. S. (2004, March). *Personal growth following a cancer diagnosis: Actual or illusory?* Symposium presented at the Society of Behavioral Medicine, Baltimore, MD.

Novak, S. A., Helgeson, V. S., Siminerio, L. M., & Becker, D. J. (2004, March). *Exploring the impact of treatment method on quality of life in adolescents with type 1 diabetes*. Paper presented at the Society of Behavioral Medicine, Baltimore, MD.

Grant, T., & Helgeson, V. S. (2004, March). *Effect of diabetes on siblings*. Paper presented at the Society of Behavioral Medicine, Baltimore, MD.

Nowak-Vache, E., & Helgeson, V. S. (2004, March). *Benefits to parents of having a child with diabetes*. Paper presented at the Society of Behavioral Medicine, Baltimore, MD.

Helgeson, V. S. (2004, July). *Cognitive adaptation theory and adjustment to heart disease*. Symposium presented at the American Psychological Association, Honolulu, HI.

Helgeson, V. S., Lepore, S. J., Schulz, R., & Eton, D. T. (2004, July). *Psychoeducational interventions for men with prostate cancer: Who benefits?* Symposium presented at the American Psychological Association, Honolulu, HI.

Tomich, P. L., & Helgeson, V. S. (2004, July). *Recurrent and disease-free breast cancer survivors' perceptions of control and benefits*. Poster presented at the American Psychological Association, Honolulu, HI.

Tomich, P., L., Vache, E. J. N., Helgeson, V. S. (2005, April). *Benefit finding: Another means of dissonance reduction*. Paper presented at the Society of Behavioral Medicine, Boston, MA.

Novak, S., & Helgeson, V. S. (2005, April). *The impact of illness centrality for people with diabetes*. Paper presented at the Society of Behavioral Medicine, Boston, MA.

Rodriguez, V., & Helgeson, V. S. (2005, April). *The impact of family communication and self-efficacy on adolescents with diabetes*. Paper presented at the Society of Behavioral Medicine, Boston, MA.

Reynolds, K. A., & Helgeson, V. S. (2005, April). *Adolescent friendship and diabetes*. Paper presented at the Society of Behavioral Medicine, Boston, MA.

Helgeson, V. S., Tomich, P. (2005, August). *Implications of cognitive adaptation theory for adjustment to breast cancer*. Paper presented at the American Psychological Association, Washington, D.C.

Tomich, P., & Helgeson, V. S. (2005, August). *Measuring personal growth: A critical examination of two scales*. Paper presented at the American Psychological Association, Washington, D.C.

Reynolds, K. A., Helgeson, V. S., Escobar, O., Siminerio, L., & Becker, D. (2006, June). *Parent-child responsibility for diabetes care: Implications for psychological and physical health during adolescence*. Paper presented at the American Diabetes Association, Washington, D. C.

Helgeson, V. S., Escobar, O., Siminerio, L., & Becker, D. (2006, June). *Psychosocial functioning among adolescents with diabetes: A case-control study*. Paper presented at the American Diabetes Association, Washington, D. C.

Lopez, L. C., & Helgeson, V. S. (2006, June). *Changes in blood glucose levels on a momentary basis: A palm pilot study*. Paper presented at the American Diabetes Association, Washington, D. C.

Reynolds, K. A., Helgeson, V. S., & Siminerio, L. M. (2006, June). *The Physician-patient relationship in adolescents with diabetes: Links with psychological distress, treatment satisfaction, and metabolic control*. Paper presented at the American Diabetes Association, Washington, D. C.

Lopez, L. C., Helgeson, V. S., & Kamarck, T. (2007, March). *Social networks and diabetes: A momentary assessment among adolescents*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., & Snyder, P. (2007, March). *Psychosocial variables predict metabolic control: A three-wave longitudinal study*. Paper presented at the Society of Behavioral Medicine, Washington, D.C. \*\*\* Special Citation Paper

Helgeson, V. S. (2007, March). Discussant for *Parent-child transactions in behavioral medicine: Emerging perspectives on family and child health*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Reynolds, K. A., Helgeson, V. S., & Novak, S. A. (2007, March). *Distribution of diabetes responsibility during adolescence: Associations with outcomes across three samples*. Poster presented at the Society of Behavioral Medicine, Washington, D.C.

Novak, S., & Helgeson, V. S. (2007, March). *Are survivors' implicit and explicit attitudes about cancer associated with stress-related growth?* Poster presented at the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., Escobar, O., Siminerio, L. & Becker, D. (2008, March). *Relation of stress to self-care and metabolic control among adolescents with type 1 diabetes*. Paper presented at the Society of Behavioral Medicine, San Diego, CA. \*Special Citation Award.

Lopez, L., & Helgeson, V. S. (2008, March). *Effects of support on growth, psychological, and physical health following disclosure of a stressful event*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.

Tomich, P., & Helgeson, V. S. (2008, March). *Benefit finding following a cancer diagnosis*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.

Tomich, P. L., Helgeson, V. S., & Downing, J. (2009, April). *Curvilinear associations between benefit finding and adjustment to cancer*. Poster presented at the Society of Behavioral Medicine, Montreal, Canada.

Helgeson, V. S., Honcharuk, E., Escobar, O., Becker, D. J., & Siminerio, L. M. (2009, June). *Correlates and implications of blood glucose testing among teens with type 1 diabetes*. Poster presented at the American Diabetes Association, New Orleans, LA.

Helgeson, V. S., Snyder, P. R., Seltman, H., Becker, D., Escobar, O., & Siminerio, L. (2010, April). *Trajectories of glycemic control over early to middle adolescence*. Symposium paper presented at the Society of Behavioral Medicine, Seattle, WA.

Palladino, D., & Helgeson, V. S. (2010, April). *Parent-adolescent negotiation of diabetes-related conflicts*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.

Lepore, S. J., Roberts, K. J., & Helgeson, V. S. (2010, April). *Psychoeducational group interventions attenuate the positive relation between inadequate social resources and depressive symptoms*. Paper presented at the Society of Behavioral Medicine, Seattle, WA.

Reynolds, K. A., & Helgeson, V. S. (2010, April). *Children with diabetes – Depressed, distressed? A meta-analytic review*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.

Palladino, D. K., & Helgeson, V. S. (2011, April). *Mindfulness and health behaviors and outcomes in teens with type 1 diabetes*. Poster presented at the Society of Behavioral Medicine, Washington, DC.

Helgeson, V. S. (2011, October). *Relations of parent stress to the health of children with type 1 diabetes: 5-year longitudinal study*. Poster presented at the International Society for Pediatric and Adolescent Diabetes Meeting, Miami, FL.

Palladino, D. K., Crittenden, C. N., Helgeson, V. S., & Cohen, S. A. (2012, March). *Association of social factors with affect and disease-related behavior in adolescents with type 1 diabetes*. Poster presented at the annual meeting of the American Psychosomatic Society, Athens, Greece.

Helgeson, V.S., Reynolds, K., Palladino, D.K., Becker, D., Siminerio, L., & Escobar, O. (2012, June). *Consequences of the pediatric to adult care transition among emerging adults with diabetes*. Poster presented at the 72<sup>nd</sup> Scientific Sessions of the American Diabetes Association, Philadelphia, PA.

Palladino, D. K., Helgeson, V. S., Reynolds, K. A., Becker, D. J., Siminerio, L. M., & Escobar, O. (2012, June). *Lifestyles and health in emerging adults with diabetes compared to healthy peers*. Poster presented at the 72<sup>nd</sup> Scientific Sessions of the American Diabetes Association, Philadelphia, PA.

Palladino, D. K., & Helgeson, V. S. (2013, January). *The role of relationships and personality in person project status during emerging adulthood*. Poster presented at the 14<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA.

Helgeson, V. S., & Palladino, D. K. (2013, March). *Parent and friend relationships during adolescence as predictors of emerging adult outcomes among youth with and without diabetes*. Symposium presentation at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Palladino, D. K., & Helgeson, V. S. (2013, March). *Psychological and person factors in health and health behavior change*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Helgeson, V. S. (2013, March). *Toward a better understanding of meaning and benefit finding following cancer: 10 years later*. Symposium discussant at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Fillo, J., & Helgeson, V. S. (2013, May). *Something's got to give: Fundamental disconnects between emerging adult's work and family expectations*. Poster presented at the 25<sup>th</sup> Association for Psychological Science Annual Convention, Washington, D.C.

Helgeson, V. S. (2014, February). *Communal coping in couples with chronic illness*. Paper presented at the 15<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology Conference, Austin, TX.

Helgeson, V. S., Charles, S., Korytkowski, M., & Hausmann, L. (2014, April). *Couples' communal coping in patients with newly diagnosed type 2 diabetes: A focus on sex and race*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Mascатели, K., & Helgeson, V. S. (2014, April). *Empathic accuracy in a community sample of couples coping with type 2 diabetes*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Swanson, J., Helgeson, V. S., & LaLone, L. (2014, April). *Manipulating depression reports in men and women*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Bright, E., & Helgeson, V. S. (2014, April). *Communal coping among couples with type 2 diabetes*. Poster presented at the 34<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Helgeson, V. S., Korytkowski, M., & Hausmann, L. (2014, June). *Implications of race for coping with newly diagnosed type 2 diabetes*. Poster presented at the 74<sup>th</sup> Annual Meeting of the American Diabetes Association.

Mascатели, K. M., & Helgeson, V. S. (2015, February). *Unmitigated communion in a community sample of couples coping with type 2 diabetes*. Poster presented at the Society of Personality and Social Psychology Conference.

Helgeson, V. S., Reynolds, K. A., Becker, D., Escobar, O., & Siminerio, L. (2015, April). *Emerging adults with and without diabetes: Comparison of psychological health and risk behavior*. Paper presented as part of a symposium at the 35<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.

Fulay, A., Helgeson, V. S., Essien, I., Seltman, H., Korytkowski, M., & Hausmann, L. (2015, April). *The influence of race and sex on the diet of people with type 2 diabetes and their partners*. Poster presented at the 35<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.

Charles, S., Helgeson, V. S., & Hausmann, L. (2015, April). *Implications of the patient-physician relationship for satisfaction and adherence among adults with diabetes*. Poster presented at the 35<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.

Helgeson, V. S., Schlisserman, S., Kim, P., & Chen, S. (2015, June). *Young adults with type 1 diabetes: Partner involvement*. Poster presented at the 75<sup>th</sup> Scientific Sessions of the American Diabetes Association, Boston, MA.



Baucom, K. J. W., Helgeson, V.S., & Berg, C.A. (2015, November). *Dyadic communication in adults with type 1 diabetes and their partners*. Poster presented at the Behavioral Medicine SIG Poster Exposition at the Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

Van Vleet, M., Helgeson, V. S., Seltman, H. J., Korytkowski, M. T., & Hausmann, L. R. M. (2016, March) *Implications of partner behavior for well-being among type 2 diabetes*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Hochstedler, K., Helgeson, V. S., Zajdel, M., Seltman, H., Korytkowski, M., & Hausmann, L. (2016, March). *Relations of couples' communal and noncommunal language to support and self-care for people with type 2 diabetes*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Zajdel, M., Helgeson, V. S., Seltman, H. J., Korytkowski, M. T., & Hausmann, L. R. M. (2016, March). *Measuring communal coping in type 2 diabetes using a multi-method approach*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Charles, S., Helgeson, V. S., Hausmann, L., Korytkowski, M., & Seltman, H. (2016, March). *Implications of physician-patient sex concordance for diabetes management*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., Seltman, H., Becker, D., Libman, I., & Orchard, T. (2016, March). *Comparison of emerging adults with and without type 1 diabetes on psychosocial outcomes: An 11-year follow-up*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Kelly, C., Berg, C. A., & Helgeson, V. (2016, March). *Diabetes distress in type 1 diabetes: A lifespan approach*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Berg, C., Helgeson, V., Queen, T., Van Vleet, M., Fuessel-Herrmann, D., Huntbach, B., Kelly, C., Russo, M., Baucom, K., Ramsay, M. (2016, March). *Disclosure to partner and self-regulation of type 1 diabetes in couples during adulthood*. Paper presented at the 36<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

Helgeson, V. S., Libman, I., Orchard, T., Becker, D., & Seltman, H. (2016, June). *Rates and predictors of diabetes-related complications in young adults with T1D*. Poster presented at the 76<sup>th</sup> Scientific Sessions of the American Diabetes Association, New Orleans, LA.

Helgeson, V. S., Hochstedler, K., & Essien, I. (2016, July). *Effects of manipulated communal coping on dating couples coping with a stressor*. Paper presented at the International Association of Relationship Research, Toronto, Canada.

Van Vleet, M., Helgeson, V. S. (2016, July). *The impact of communal coping on relationship well-being and perceptions of diabetes stressors among couples coping with type 2 diabetes*. Paper presented at the International Association of Relationship Research, Toronto, Canada.

Jakubiak, B., Helgeson, V. S. (2016, July). *Implicit and explicit communal coping in couples with recently diagnosed type 2 diabetes*. Paper presented at the International Association of Relationship Research, Toronto, Canada.

Helgeson, V. S., Seltman, H., Korytkowski, M., & Hausmann, L. (2017, March). *Benefits of communal coping in couples with Type 2 diabetes limited by spouse unmitigated communion*. Paper presented at the at the 37<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Helgeson, V. S., Seltman, H., Orchard, T., Becker, D., & Libman, I. (2017, March). *Youth with Type 1 diabetes: Psychosocial predictors of risk factors and diabetes-related complications 11 years later*. Paper presented at the 37<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Helgeson, V. S., Van Vleet, M., Kelly, C., Korytkowski, M., & Berg, C. A. (2017, March). *Links of patient and spouse communal appraisals to relational and health outcomes*. Symposium paper presented at the 37<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Zajdel, M., Helgeson, V. S., Seltman, H. J., & Korytkowski, M. T. (2017, March). *Links of communal coping to mood and self-care behavior in Type 2 diabetes: A daily diary study*. Poster presented at the 37<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Van Vleet, M., Helgeson, V. S., Korytkowski, M. T., & Berg, C. A. (2017, March). *The importance of having fun: Shared play in couples coping with Type 1 diabetes*. Poster presented at the 37<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Lee, E., Berg, C. A., Baucom, K. J. W., & Helgeson, V. S. (2017, March). *Daily stress and sleep satisfaction in couples with type 1 diabetes: Evidence of bidirectional effects*. Paper presented at the 37<sup>th</sup> Annual Meeting of that the Society of Behavioral Medicine, San Diego, CA.

Helgeson, V. S., Van Vleet, M., Zajdel, M., Lee, E., Litchman, M., Korytkowski, M., & Berg, C. (2018, March). *Communal coping: An examination of shared illness appraisal and collaboration in the context of adults with type 1 diabetes*. Symposium paper presented at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

Zajdel, M., Helgeson, V. S., Kelly, C., Lee, E., Litchman, M., & Berg, C. (2018, March). *Partner perception of diabetes as shared benefits patients with low self-efficacy*. Paper presented at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

Hochstedler, K., Helgeson, V., & Seltman, H. (2018, March). *Relation of pronoun use to relationship and health outcomes: A meta-analytic review*. Paper presented at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

Van Vleet, M., Helgeson, V. S., & Berg, C. A. (2018, March). *Links of dispositional playfulness in adults with type 1 diabetes and their partners to well-being*. Paper presented at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

Abujaradeh, H., Sereika, SM., Cohen, SM., Helgeson, V. (2018, June). *Does gender moderate the relations between shared responsibility and health outcomes among adolescents with T1D?* Poster presented at the 78<sup>th</sup> Annual Conference of the American Diabetes Association, Orlando, FL.

Abujaradeh, H., Helgeson, V., Cohen, SM., Sereika, SM. (2018, June). *Shared responsibility moderates relations between psychological distress and self-care among adolescents with T1D*. Poster presented and selected for a moderated poster discussion at the 78<sup>th</sup> Annual Conference of the American Diabetes Association, Orlando, FL.

Krall, J., Helgeson, V.S., Van Vleet, M., Lee, E., Simms, M.J., Korytowski, M., Berg, C.A. (2018, June). *Parents with type 1 diabetes: Children's role in self-management*. Poster presented at the 78<sup>th</sup> Annual Conference of the American Diabetes Association, Orlando, FL.

Helgeson, V. S., & Van Vleet, M. (2018, July). *Attachment style moderates links of communal coping to relationship and health outcomes in diabetes*. Paper presented at the International Association for Relationship Research, Fort Collins, CO.

Kelly, C. S., Berg, C. A., Tracy, E. L., Staylor, K. M., Mahoney, S., Thomas, A. & Helgeson, V. S. (2019, March). *Daily experiences of diabetes-related stress across adulthood*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Tracy, E. L., Berg, C. A., Turner, S. L., De Grey, R. G. K., Butner, J., Litchman, M. L., Allen, N., & Helgeson, V. S. (2019, March). *Daily sleep quality and diabetes management among adults with type 1 diabetes*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Helgeson, V.S., Van Vleet, M., & Zajdel, M. (2019, March). *Links from diabetes distress to well-being and self-care in adults with type 2 diabetes: An exploration of age*. Paper to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Zajdel, M., & Helgeson, V. S. (2019, March). *The role of aging in the communal coping process*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Lee, J., & Helgeson, V. S. (2019, March). *Patient/partner congruence in communal coping among persons with type 2 diabetes*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Naqvi, J. B., Helgeson, V. S., Gary-Webb, T. L., Seltman, H. J., & Korytkowski, M. T., (2019, March). *The influence of race and sex on communal coping: An actor-partner interdependence model analysis*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Tracy, E. L., Berg, C. A., Kelly, C. S., Litchman, M. L., Allen, N. A., & Helgeson, V. S. (2019, March). *Spillover and crossover effects of daily stressors among couples with Type 1 Diabetes: Relationship satisfaction as a moderator*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Zajdel, M., Helgeson, V. S., Naqvi, J. B., Seltman, H. J., & Korytkowski, M. T. (2019, March). *The role of daily appraisal and collaboration in coping with Type 2 diabetes*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Chee, Y., & Helgeson, V. S. (2019, March). *A cross-cultural examination of self-disclosure among East Asian-Americans, International East-Asians, and Caucasians*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

Lee, J., Helgeson, V. S., Tracy, E. L., Van Vleet, M., Zajdel, M., & Berg, C. A. (2019, March). *We-language and patient and partner outcomes among adults with Type 1 diabetes*. Poster to be presented at the 2019 Annual Meeting of the Society of Behavioral Medicine, Washington DC.

#### *Invited Talks:*

- University of Pittsburgh; February, 1991
- State University of New York at Buffalo; April, 1991
- College of William and Mary; March, 1994
- Edinboro University of Pennsylvania; April, 1994
- University of Pittsburgh/Pittsburgh Cancer Institute; April, 1994; June 1997

- University of Pittsburgh/Pittsburgh Cancer Institute; Psychosocial Interventions and Cancer Conference; October 1997
- Eighth Annual Pittsburgh Cancer Conference, December 1997
- University of Pittsburgh; Center for Research on Chronic Disease; July 1998
- University of Pittsburgh Conference on Chronic Disorders: Quality of Life, October, 1998
- University of Michigan; February, 2000
- Institute of Medicine, Atlanta, GA; February, 2000
- Indiana University-Purdue University, Indianapolis, November 2000
- Pittsburgh Mind-Body Center, June 2000
- University of Pittsburgh, Psychology Department, March 2001
- Carnegie Science Center, Complementary Medicine and Breast Cancer (Komen Foundation), April 2001
- Pittsburgh Mind-Body Center, July 2001
- University of Pittsburgh, Psychology Department, November 2001
- University of Rochester Medical Center, May 2002
- University of Pittsburgh, Center for Research on Chronic Disease, February 2003
- Kent State University, March 2003
- University of Pittsburgh Cancer Institute, May 2003
- Memorial Sloan-Kettering Cancer Center, October 2003
- Pittsburgh Mind-Body Center, Summer Institute, June 2004
- Clinical Health Psychology Institute: Women's Health: Clinical Strategies, April 2005
- Growth and Benefit-Finding Conference, May 2005
- Women and Achievement: A Psychological Perspective (Pittsburgh Symphony), June 2006
- Pittsburgh Mind-Body Center, Summer Institute, June 2006
- Pittsburgh Mind-Body Center, EMA Workshop, July 2006
- Evanston Northwestern Healthcare Research Institute, September 2006
- University of Pittsburgh, Biological Psychology Program, November 2006
- Westminster College, Gender and Diversity Series, March, 2007
- Pittsburgh Mind-Body Center, Summer Institute, June 2008
- Critical Issues in Gender, Stress, and Coping; Susan Folkman Festschrift, September 2009
- Adjustment to Chronic Illness: Risk & Resilience Factors; The Eighth Conference on Psychology and Health; The Netherlands, May 2010
- Self-Care Behavior and Metabolic Control: The Tumultuous Period of Adolescence; Children's Hospital of Pittsburgh, December, 2010
- Gender and Achievement; Triple Helix Lecture Series, CMU; February, 2011
- Youth with Diabetes: The Transition out of High School; Pittsburgh, October, 2011
- Gender and Health: A Social/Psychological Perspective; New Mexico State University, October 2012
- Communal Coping and Adjustment to Chronic Illness; 14<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology Preconference, New Orleans, LA; January 2013
- Youth with Diabetes: The Role of Peers; JDRF Psychosocial Burden Workshop, New York; February 2013

- Adjustment to Chronic Illness: Risk and Resilience Factors; Canadian Psychological Association Meeting 74<sup>th</sup> Meeting, Quebec City, Canada; June 2013.
- Implications of Diabetes for Psychosocial Functioning Among Children and Parents. 40<sup>th</sup> Annual Conference of the International Society for Pediatric and Adolescent Diabetes, September 2014
- Diabetes and Depression. 2<sup>nd</sup> Annual JDRF Type 1 Diabetes Symposium. Carnegie Science Center, Pittsburgh, PA November, 2014
- The Relationship of Depression to Diabetes. Alzheimer Outreach Center, University of Pittsburgh, February 2015
- Support for People with Cancer. OSHER Life Long Learning Program, March 2015.
- Communal Coping and Adjustment to Chronic Illness: University of Pittsburgh, October 2015
- Gender Identity: Opportunities and Challenges for Gender Research, Society for Personality and Social Psychology Gender Pre-Conference, January 2017
- Psychology of Gender: A Focus on Gender-Related Traits and Mental Health, National Academy of Sciences Workshop, March 2018
- Relational and Health Benefits of Communal Coping: Field and Laboratory Evidence, Arizona State University, February 2019